



What is SupportLinc?

SupportLinc is a free, confidential mental health benefit offered by your employer, separate from your medical insurance. The program provides expert guidance and valuable resources to strengthen your overall health and wellbeing.

A licensed clinician answers the phone 24/7/365. Access counseling sessions in person or via video to discuss topics such as:

- Depression
- Stress
- Anxiety
- Grief
- Work-related pressures
- Relationship problems
- Substance use
- Emotional health concerns



Support for everyday issues. Every day.

SupportLinc is a no-cost,
confidential program
available to you and your
family 24 hours a day, 365
days a year.

314 West Superior Street,
Suite 601
Chicago, IL 60654

Call **800-699-9868**
Visit your web portal
supportlinc.com

Download the mobile app:



group code: **sysco**

