





It's easy to find a provider and manage your health care expenses.

Find Care on BAMSM

We make it easy to find in-network health care providers and manage your out-of-pocket costs.

Go to **bcbstx.com** to log in or create an account on BAM. Then, look for **Find Care** to:

- Find in-network providers, clinics, hospitals and pharmacies.
- Search by specialty, ZIP code, language spoken, gender and more.
- See clinical certifications and recognitions.
- · Compare quality, awards for doctors, hospitals and more.
- Read or add reviews for providers.
- Estimate the out-of-pocket costs for more than 1,700 health care procedures, treatments and tests.*
- Find cost savings opportunities for prescription drugs using the Medication Finder tool.*

* Not all plans provide this information.

Find a Doctor Wherever You Are

- Log in to BAM. Use your ZIP code to find providers in your network.
- Search as a guest. Go to bcbstx.com, choose Find Care and use the ZIP code at your location to find in-network providers near you.
- Need more help? Call a Health Advocate at 866-491-4911 Also applies to Global[®] Core.



Stay Connected with BCBSTX

Even on the go you can manage your ID cards and stay on top of claims activity, coverage information and prescription refill reminders. It's easy: Log in or create a BAM account at **bcbstx.com**.

This benefit is available if you are enrolled in a Sysco-sponsored national medical plan.