

Sysco® Benefits

Get Ready to Enroll in Your 2023 Benefits



Learn about your 2023 Sysco benefits in the Benefits Brochure mailed to your home, and visit SyscoBenefits.com to see all of the benefits Sysco offers you.



Explore the Benefits Warehouse on SyscoBenefits.com— and customize your benefits learning experience.



Select your benefits from our four pillars of well-being that support your health, mind, security and community.



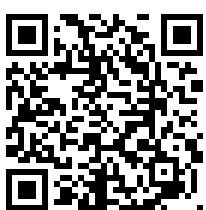
Enroll in your 2023 benefits by November 30! Enroll online in the *Total Rewards Café* via the link on SyscoBenefits.com or call the Sysco Benefits Center at **1-800-55-SYSCO**.



Benefits Enrollment is November 16–30

If you do not enroll, you will only have the following company-paid Sysco benefits:

- ✓ Basic Life Insurance
- ✓ Basic Accidental Death and Dismemberment insurance
- ✓ Short-Term and Long-Term Disability coverage
- ✓ Employee Assistance Program (EAP)
- ✓ Headspace
- ✓ RethinkCare



Go to SyscoBenefits.com/Greco to find out specific details about your benefits transition and to watch a video about your 2023 benefits.

