2022 Carrier Changes

Plan/Program	Current	2022
Sysco-sponsored medical plans (Basic, HSA, PPO and HMO)	BCBS	**Aetna**
Maternity Support program	BCBS	
Behavioral Health and Substance Use benefits	BCBS	
Dental plans	MetLife	
Critical Illness coverage	MetLife	
Hospital Indemnity coverage	MetLife	
Diabetes prevention	Omada	
Diabetes Reversal	Virta	
Employee Assistance Program (EAP)	Spring Health	
Patient Navigation	Alight Health Pros	
Health Savings Account (HSA)	Fidelity	**PayFlex**
Health Care FSA	Alight	
Dependent Care FSA	Alight	
Prescription drugs	Express Scripts	**Aetna/CVS**
Telehealth services	MDLIVE	**Teladoc**
Virtual Behavioral Health services	Spring Health	
Life and AD&D	Prudential	**MetLife**