



Get Ready to Enroll in Your 2022 Benefits



Learn what's changing for 2022 in the Benefits Brochure mailed to your home, and visit SyscoBenefits.com to see the full array of benefits Sysco offers you.



Explore the Benefits Warehouse on SyscoBenefits.com—where you can customize your own benefits learning experience.



Choose your 2022 benefits October 27–November 17! Enroll online in the Total Rewards Café via the link on SyscoBenefits.com.



Make sure you check out what's changing for 2022 to see how Sysco is streamlining the benefits carriers to give you One Care Path. You'll get the care you need without the hassle!

Benefits Enrollment is October 27–November 17

If you do not take action, most of your 2021 benefits will carry forward to 2022. **Make sure you take action if you want to:**

- Enroll for the first time or make changes to your current benefits
- Elect a Health Savings Account (HSA) or Flexible Spending Account (FSA) contribution amount for 2022
- Elect Critical Illness coverage for 2022

Working with a Health Pro currently?

You can continue to work with your Health Pro during the benefits enrollment period and throughout the remainder of 2021. If you enroll in a Sysco-sponsored medical plan through Aetna for 2022, you'll have access to a Healthcare Advocate starting January 1, 2022.



Need Help Deciding?

Sysco provides you with experts to answer all of your benefits and enrollment questions. If you need help, call the Sysco Benefits Center at **800-55-SYSCO**, Monday–Friday, 7 a.m.–7 p.m. CT.



To learn more and enroll by November 17, visit SyscoBenefits.com.

